

Gear, Gadgets and Gizmos podcast notes 4 – Rosaleen Moriarty-Simmonds, OBE

Gear, Gadgets and Gizmos is a podcast in which Phil Friend, Chair of the [Research Institute for Disabled Consumers](#), talks to other disabled people about the products they use that help in managing day-to-day living.

In this podcast, Phil interviews Rosaleen Moriarty-Simmonds.

Born in 1960, Rosie has four-limbed Phocomelia caused by the drug Thalidomide.

After graduating with a BSc (Hons) in Psychology from Cardiff University in 1985, Rosie joined the Civil Service and remained with the Department of Trade and Industry at Companies House Cardiff until 1993 at Executive Officer level.



In 1995 Rosie formed the RMS Disability Issues Consultancy, out of a genuine desire to deliver first-class training in the field of Disability Equality and Disability Issues.

Rosie received an OBE in the Queen's New Years Honours List in 2015 'for Services to the Equality and the Rights of Disabled People'. She was awarded an Honorary Fellowship from Cardiff University in 2017.

Married with one son, Rosie has a particular interest in radio, television and the arts. She has been the subject of several documentaries. She has worked with the BBC, Sky and ITV, and can be heard regularly on BBC Radio Wales. She is a freelance TV and radio presenter.

Rosaleen mentioned the following products:

Single use flexible straws

Fork holder with a magnet used cheap cutlery

Folding shelf for eating in restaurants

Mount n mover <https://www.mountnmover.com/>



[Rate it!](#) is a product review website by and for disabled people. It's an online space for you to share views of products (specialist and mainstream), hacks, and tips to make life easier.

If you're a disabled or older person living in the UK, use your knowledge and experience to do consumer research - [join the RiDC research panel](#).