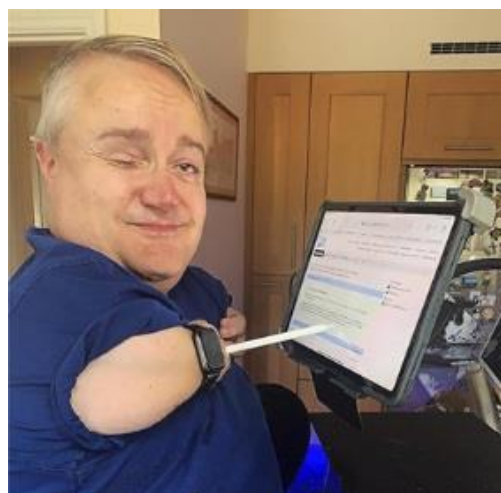


Gear, Gadgets and Gizmos podcast notes 1 – Geoff Adams-Spink

Gear, Gadgets and Gizmos is a podcast in which Phil Friend, Chair of the [Research Institute for Disabled Consumers](#), talks to other disabled people about products they use that help in managing day-to-day living. In the first podcast, Phil interviews **Geoff Adams-Spink**.

Geoff was born with multiple impairments as a result of thalidomide. He has shortened upper limbs, a missing right eye and very restricted vision in his left eye. Geoff left the BBC in 2011 to set up his own disability equality consultancy and to chair EDRIC, an international federation of organisations for those affected by congenital limb difference. As a trainer and public speaker, He has worked extensively in the UK, many EU countries, Ukraine, China and Thailand spreading best practice in the field of disability equality. Geoff is also a trustee of the [Research Institute for Disabled Consumers](#) (RiDC).



Geoff mentioned the following products:

- [Clamp for tablet: Bestek](#)
- [Amazon Echo Smart Speaker](#)
- [Aquarius Portabidet](#)
- [Closemat](#)
- [Geberit](#)
- [Disabled Facilities Grant from Local Authority](#)

[Rate it!](#) is a product review website by and for disabled people. It's an online space for you to share views of products (specialist and mainstream), hacks, and tips to make life easier.

If you're a disabled or older person living in the UK, use your knowledge and experience to do consumer research - [Join the RiDC research panel](#)